# ８番らーめん　北陸地域（金沢駅店を除く）

２０２６月４月１日現在

| グランドメニュー | 商品カテゴリ | | | | 持ち帰り | 麺種類 | 栄養成分表示（１人前あたり） | | | | | アレルギー情報 | | | | | | | | | | | | | | | | | | | | | | | | | | 備考 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | 法令で規定する特定原材料（8品目） | | | | | | | | 表示を推奨する特定原材料（20品目） | | | | | | | | | | | | | | | | | | |
| | 季節限定 | らーめん | 飯点心 | 表示なし | | | エネルギー（kcal） | たんぱく質（g） | 脂質（g） | 炭水化物（g） | 食塩相当量（g） | 小麦 | 卵 | 乳 | そば | 落花生 | えび | かに | くるみ | アーモンド | あわび | いか | いくら | オレンジ | カシューナッツ | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | 豚肉 | マカダミアナッツ | もも | やまいも | りんご | ゼラチン | バナナ | |
| 野菜らーめん　味噌 | | ○ | | | ○ | 太 | 652 | 21.4 | 22.5 | 89.7 | 9.0 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | バター風味にはチャーシューは入っておりません。 |
| 野菜らーめん　塩 | | ○ | | | ○ | 太 | 571 | 17.8 | 18.7 | 81.6 | 10.5 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜らーめん　醤油 | | ○ | | | ○ | 太 | 606 | 21.3 | 18.7 | 86.1 | 9.2 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜らーめん　バター風味 | | ○ | | | ○ | 太 | 764 | 16.5 | 40.7 | 81.6 | 10.9 | ● | | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　味噌 | | ○ | | | ○ | 太 | 448 | 14.7 | 20.6 | 51.7 | 6.1 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　塩 | | ○ | | | ○ | 太 | 391 | 12.1 | 17.9 | 46.0 | 7.1 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　醤油 | | ○ | | | ○ | 太 | 417 | 14.7 | 18.0 | 49.3 | 6.4 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　バター風味 | | ○ | | | ○ | 太 | 477 | 10.7 | 28.2 | 45.9 | 7.3 | ● | | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　味噌 | | ○ | | | | | 271 | 9.2 | 19.9 | 16.5 | 5.3 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　塩 | | ○ | | | | | 214 | 6.7 | 17.2 | 10.8 | 6.3 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　醤油 | | ○ | | | | | 239 | 9.2 | 17.3 | 14.1 | 5.5 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　バター風味 | | ○ | | | | | 407 | 5.4 | 39.3 | 10.8 | 6.7 | ● | | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜ちゃあしゅうめん　味噌 | | ○ | | | ○ | 太 | 738 | 27.3 | 28.7 | 90.4 | 9.4 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜ちゃあしゅうめん　塩 | | ○ | | | ○ | 太 | 657 | 23.7 | 24.9 | 82.2 | 11.0 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜ちゃあしゅうめん　醤油 | | ○ | | | ○ | 太 | 692 | 27.2 | 24.9 | 86.7 | 9.6 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜コーンバター風味らーめん　味噌 | | ○ | | | ○ | 太 | 911 | 22.9 | 46.8 | 98.7 | 9.5 | ● | ●※ | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜コーンバター風味らーめん　塩 | | ○ | | | ○ | 太 | 830 | 19.3 | 43.0 | 90.5 | 11.0 | ● | ●※ | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜コーンバター風味らーめん　醤油 | | ○ | | | ○ | 太 | 865 | 22.8 | 43.0 | 95.0 | 9.7 | ● | ●※ | ● | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜担々麺（胡麻風味） | | ○ | | | ○ | 太 | 904 | 30.6 | 44.8 | 94.4 | 10.2 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜こく旨らーめん（とんこつ醤油） | | ○ | | | ○ | 太 | 1,004 | 24.9 | 60.5 | 88.2 | 9.6 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 【期間限定】肉ざるらーめん（１玉） | ○ | | | | | 細 | 739 | 30.5 | 25.0 | 90.3 | 5.8 | ● | | | | | | | | | | | | | | | | ● | | ● | ● | | ● | | | | | | | |
| 【期間限定】肉ざるらーめん（２玉） | ○ | | | | | 細 | 1,169 | 44.9 | 26.5 | 172.5 | 10.7 | ● | | | | | | | | | | | | | | | | ● | | ● | ● | | ● | | | | | | | |
| 【期間限定】肉増し | ○ | | | | ○ | | 208 | 15.2 | 13.9 | 5.5 | 0.8 | ● | | | | | | | | | | | | | | | | | | | ● | | ● | | | | | | | |
| 【期間限定】野菜トマトらーめん | ○ | | | | ○ | 太 | 737 | 30.8 | 26.3 | 92.2 | 9.3 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】小さな野菜トマトらーめん | ○ | | | | ○ | 太 | 531 | 22.5 | 24.5 | 55.2 | 6.5 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】野菜トマトらーめん（大盛り） | ○ | | | | ○ | 太 | 1,141 | 46.7 | 29.6 | 165.7 | 14.2 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】野菜バジルトマトらーめん | ○ | | | | ○ | 太 | 808 | 31.0 | 33.8 | 92.7 | 9.7 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】小さな野菜バジルトマトらーめん | ○ | | | | ○ | 太 | 602 | 22.7 | 32.0 | 55.7 | 6.9 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】野菜バジルトマトらーめん（大盛り） | ○ | | | | ○ | 太 | 1,212 | 46.9 | 37.2 | 166.2 | 14.6 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】バジルトマト唐麺 | ○ | | | | ○ | 太 | 774 | 21.9 | 36.4 | 84.1 | 5.7 | ● | ● | ● | | | | | | | | | | | | | | | | | ● | ● | ● | | | | | | | |
| 【期間限定】トッピング　とろけるチーズ | ○ | | | | ○ | | 114 | 8.3 | 8.6 | 0.8 | 0.4 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【期間限定】トッピング　バジルソース | ○ | | | | ○ | | 71 | 0.3 | 7.5 | 0.5 | 0.4 | | | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | |
| 【期間限定】ブレッド | ○ | | | | | | 112 | 3.6 | 1.3 | 20.2 | 0.5 | ● | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| 唐麺（１玉） | | ○ | | | ○ | 太 | 661 | 17.4 | 26.8 | 83.3 | 6.1 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | ● | | | |
| 唐麺（２玉） | | ○ | | | | 太 | 1,196 | 29.5 | 45.3 | 159.4 | 10.9 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | ● | | | |
| 中華麺 | | ○ | | | ○ | 細 | 484 | 18.3 | 7.7 | 77.8 | 8.2 | ● | ●※ | | | | | | | | | | | | | | | ● | | ● | ● | ● | ● | | | | | ● | | |
| ちゃあしゅうめん（醤油味） | | ○ | | | ○ | 細 | 569 | 24.1 | 14.0 | 78.3 | 8.6 | ● | ●※ | | | | | | | | | | | | | | | ● | | ● | ● | ● | ● | | | | | ● | | |
| 担々麺（胡麻風味） | | ○ | | | ○ | 細 | 754 | 29.2 | 29.8 | 86.6 | 10.2 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| ざるらーめん（１玉） | ○ | | | | ○ | 細 | 456 | 15.3 | 1.8 | 86.9 | 5.8 | ● | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | |
| ざるらーめん（２玉） | ○ | | | | ○ | 細 | 886 | 29.7 | 3.3 | 169.1 | 10.7 | ● | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | |
| 冷めん（１玉） | ○ | | | | ○ | 細 | 651 | 20.7 | 17.3 | 95.7 | 6.7 | ● | ● | | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | | | |
| 冷めん（２玉） | ○ | | | | ○ | 細 | 1,125 | 36.5 | 19.5 | 185.9 | 11.9 | ● | ● | | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | | | |

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| グランドメニュー | 商品カテゴリ | | | | 持ち帰り | 麺種類 | 栄養成分表示（１人前あたり） | | | | | アレルギー情報 | | | | | | | | | | | | | | | | | | | | | | | | | 備考 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | 法令で規定する特定原材料（8品目） | | | | | | | | 表示を推奨する特定原材料（20品目） | | | | | | | | | | | | | | | | | | |
| | 季節限定 | らーめん | 飯点心 | 表示なし | | | エネルギー（kcal） | たんぱく質（g） | 脂質（g） | 炭水化物（g） | 食塩相当量（g） | 小麦 | 卵 | 乳 | そば | 落花生 | えび | かに | くるみ | アーモンド | あわび | いか | いくら | オレンジ | カシューナッツ | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | 豚肉 | マカダミアナッツ | もも | やまいも | りんご | ゼラチン | バナナ | |
| お子さまらーめん（ジュース付き） | | ○ | | | ○ | 細 | 332 | 10.6 | 4.9 | 57.6 | 4.1 | ● | ●※ | | | | | | | | | | | | | | | | | ● | ● | ● | ● | | | | ● | ● | | |
| お子さまらーめんセット（ジュース・ポテト付き） | | ○ | | | ○ | 細 | 492 | 12.6 | 15.1 | 72.9 | 5.1 | ● | ●※ | | | | | | | | | | | | | | | | | ● | ● | ● | ● | | | | ● | ● | | |
| ミニ炒飯 | | | ○ | | ○ | | 330 | 7.9 | 13.8 | 43.7 | 2.1 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | | | |
| 炒飯（スープ付） | | | ○ | | ○ | | 670 | 16.7 | 27.8 | 88.8 | 5.4 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | ● | | スープを含む情報です。 |
| 炒飯　大（スープ付） | | | ○ | | ○ | | 1,000 | 24.6 | 41.6 | 132.4 | 7.3 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | ● | | |
| ライス　小（漬物付） | | | ○ | | | | 232 | 4.2 | 0.6 | 52.4 | 0.9 | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● | | |
| ライス　中（漬物付） | | | ○ | | | | 425 | 7.7 | 1.1 | 96.3 | 0.9 | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● | | 漬物を含む情報です。 |
| ライス　大（漬物付） | | | ○ | | | | 574 | 10.3 | 1.5 | 130.0 | 0.9 | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● | | |
| ﾒのご飯 | | | ○ | | | | 112 | 2.0 | 0.3 | 25.3 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| ８番餃子　６個 | | | ○ | | ○ | | 262 | 6.0 | 16.3 | 22.8 | 0.8 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| ８番餃子<ダブル>１２個 | | | ○ | | ○ | | 470 | 12.1 | 26.5 | 45.5 | 1.6 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| ８番餃子<得盛>１８個 | | | ○ | | ○ | | 678 | 18.1 | 36.8 | 68.3 | 2.4 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| 海老餃子 | | | ○ | | ○ | | 215 | 6.8 | 12.2 | 19.5 | 1.2 | ● | | ● | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 海老餃子<ダブル>　１２個 | | | ○ | | ○ | | 371 | 13.4 | 18.0 | 38.5 | 2.3 | ● | | ● | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 餃子コンビ（８番餃子６個・海老餃子６個） | | | ○ | | ○ | | 423 | 12.8 | 22.4 | 42.3 | 2.0 | ● | | ● | | | ● | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| 鶏の唐揚げ | | | ○ | | ○ | | 380 | 26.6 | 21.8 | 20.9 | 2.2 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | | | |
| 鶏の唐揚げ<ダブル> | | | ○ | | ○ | | 760 | 53.2 | 43.6 | 41.8 | 3.5 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | | | |
| 春巻き　２本 | | | ○ | | ○ | | 236 | 5.3 | 16.6 | 16.4 | 1.0 | ● | ● | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 春巻き<ダブル>４本 | | | ○ | | ○ | | 466 | 10.5 | 32.9 | 32.4 | 1.9 | ● | ● | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| フライドポテト | | | ○ | | ○ | | 458 | 5.6 | 29.0 | 43.8 | 1.2 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| お子さまジュース | | | | ○ | | | 60 | 0.0 | 0.0 | 15.1 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | |
| **トッピング** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 太麺 | | | | ○ | ○ | 太 | 355 | 10.9 | 1.4 | 70.3 | 1.7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 細麺 | | | | ○ | ○ | 細 | 371 | 12.1 | 1.4 | 70.1 | 1.7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 野菜増し | | | | ○ | ○ | | 179 | 4.2 | 15.5 | 8.7 | 0.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| バター風味 | | | | ○ | ○ | | 215 | 0.2 | 23.7 | 0.2 | 0.5 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| ねぎ | | | | ○ | ○ | | 14 | 0.6 | 0.0 | 3.3 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| コーン | | | | ○ | ○ | | 45 | 1.3 | 0.7 | 8.7 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| メンマ | | | | ○ | ○ | | 24 | 0.8 | 0.8 | 3.6 | 1.3 | ● | | | | | | | | | | | | | | | | ● | | | ● | | | | | | | | | |
| チャーシュー（４枚） | | | | ○ | ○ | | 86 | 5.9 | 6.2 | 0.6 | 0.4 | ● | ● | | | | | | | | | | | | | | | | | | ● | | ● | | | | | | | |
| マヨネーズ小袋 | | | | ○ | ○ | | 103 | 0.4 | 11.2 | 0.1 | 0.3 | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | ● | | | |
| にんにく小袋 | | | | ○ | | | 4 | 0.2 | 0.0 | 0.7 | 0.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| **冷凍商品** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ８番餃子　１人前（６個：９０ｇ）当たり | | | | | ○ | | 208 | 6.0 | 10.3 | 22.8 | 0.8 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| 海老餃子　１人前（６個：９０ｇ）当たり | | | | | ○ | | 156 | 6.7 | 5.9 | 19.0 | 1.1 | ● | | ● | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| ８番炒飯　１袋（３００ｇ）当たり | | | | | ○ | | 548 | 15.6 | 15.6 | 86.4 | 4.0 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | | | |
| ８番春巻き　１本（４５ｇ）当たり | | | | | ○ | | 75 | 2.6 | 3.6 | 8.0 | 0.4 | ● | ● | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| ８番　鶏の唐揚げ　１００ｇ当たり | | | | | ○ | | 145 | 15.8 | 4.6 | 10.9 | 1.0 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | | | 冷凍商品には「卵アレルギー」を含みます。 |

■卵アレルゲン欄に表記のある「●※」のメニューは、チャーシューの原材料のみに由来する卵アレルゲンです。

# ８番らーめん　北陸地域（金沢駅店）

２０２６月４月１日現在

| グランドメニュー | 商品カテゴリ | | | | 持ち帰り | 麺種類 | 栄養成分表示（１人前あたり） | | | | | アレルギー情報 | | | | | | | | | | | | | | | | | | | | | | | | | | 備考 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | 法令で規定する特定原材料（8品目） | | | | | | | | 表示を推奨する特定原材料（20品目） | | | | | | | | | | | | | | | | | | |
| | 季節限定 | らーめん | 飯点心 | 表示なし | | | エネルギー（kcal） | たんぱく質（g） | 脂質（g） | 炭水化物（g） | 食塩相当量（g） | 小麦 | 卵 | 乳 | そば | 落花生 | えび | かに | くるみ | アーモンド | あわび | いか | いくら | オレンジ | カシューナッツ | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | 豚肉 | マカダミアナッツ | もも | やまいも | りんご | ゼラチン | バナナ | |
| 野菜らーめん　味噌 | | ○ | | | ○ | 太 | 652 | 21.4 | 22.5 | 89.7 | 9.0 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | バター風味にはチャーシューは入っておりません。 |
| 野菜らーめん　塩 | | ○ | | | ○ | 太 | 571 | 17.8 | 18.7 | 81.6 | 10.5 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜らーめん　醤油 | | ○ | | | ○ | 太 | 606 | 21.3 | 18.7 | 86.1 | 9.2 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜らーめん　バター風味 | | ○ | | | ○ | 太 | 764 | 16.5 | 40.7 | 81.6 | 10.9 | ● | | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　味噌 | | ○ | | | ○ | 太 | 448 | 14.7 | 20.6 | 51.7 | 6.1 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　塩 | | ○ | | | ○ | 太 | 391 | 12.1 | 17.9 | 46.0 | 7.1 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　醤油 | | ○ | | | ○ | 太 | 417 | 14.7 | 18.0 | 49.3 | 6.4 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 小さな野菜らーめん（麺1/2）　バター風味 | | ○ | | | ○ | 太 | 477 | 10.7 | 28.2 | 45.9 | 7.3 | ● | | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　味噌 | | ○ | | | | | 271 | 9.2 | 19.9 | 16.5 | 5.3 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　塩 | | ○ | | | | | 214 | 6.7 | 17.2 | 10.8 | 6.3 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　醤油 | | ○ | | | | | 239 | 9.2 | 17.3 | 14.1 | 5.5 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 麺なし野菜らーめん（野菜スープ）　バター風味 | | ○ | | | | | 407 | 5.4 | 39.3 | 10.8 | 6.7 | ● | | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜ちゃあしゅうめん　味噌 | | ○ | | | ○ | 太 | 738 | 27.3 | 28.7 | 90.4 | 9.4 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜ちゃあしゅうめん　塩 | | ○ | | | ○ | 太 | 657 | 23.7 | 24.9 | 82.2 | 11.0 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜ちゃあしゅうめん　醤油 | | ○ | | | ○ | 太 | 692 | 27.2 | 24.9 | 86.7 | 9.6 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜コーンバター風味らーめん　味噌 | | ○ | | | ○ | 太 | 911 | 22.9 | 46.8 | 98.7 | 9.5 | ● | ●※ | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜コーンバター風味らーめん　塩 | | ○ | | | ○ | 太 | 830 | 19.3 | 43.0 | 90.5 | 11.0 | ● | ●※ | ● | | | | | | | | | | | | | | ● | | | ● | | ● | | | | | | | |
| 野菜コーンバター風味らーめん　醤油 | | ○ | | | ○ | 太 | 865 | 22.8 | 43.0 | 95.0 | 9.7 | ● | ●※ | ● | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜担々麺（胡麻風味） | | ○ | | | ○ | 太 | 904 | 30.6 | 44.8 | 94.4 | 10.2 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 野菜こく旨らーめん（とんこつ醤油） | | ○ | | | ○ | 太 | 1,004 | 24.9 | 60.5 | 88.2 | 9.6 | ● | ●※ | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 【期間限定】肉ざるらーめん（１玉） | ○ | | | | | 細 | 739 | 30.5 | 25.0 | 90.3 | 5.8 | ● | | | | | | | | | | | | | | | | ● | | ● | ● | | ● | | | | | | | |
| 【期間限定】肉ざるらーめん（２玉） | ○ | | | | | 細 | 1,169 | 44.9 | 26.5 | 172.5 | 10.7 | ● | | | | | | | | | | | | | | | | ● | | ● | ● | | ● | | | | | | | |
| 【期間限定】肉増し | ○ | | | | ○ | | 208 | 15.2 | 13.9 | 5.5 | 0.8 | ● | | | | | | | | | | | | | | | | | | | ● | | ● | | | | | | | |
| 【期間限定】野菜トマトらーめん | ○ | | | | ○ | 太 | 737 | 30.8 | 26.3 | 92.2 | 9.3 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】小さな野菜トマトらーめん | ○ | | | | ○ | 太 | 531 | 22.5 | 24.5 | 55.2 | 6.5 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】野菜トマトらーめん（大盛り） | ○ | | | | ○ | 太 | 1,141 | 46.7 | 29.6 | 165.7 | 14.2 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】野菜バジルトマトらーめん | ○ | | | | ○ | 太 | 808 | 31.0 | 33.8 | 92.7 | 9.7 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】小さな野菜バジルトマトらーめん | ○ | | | | ○ | 太 | 602 | 22.7 | 32.0 | 55.7 | 6.9 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】野菜バジルトマトらーめん（大盛り） | ○ | | | | ○ | 太 | 1,212 | 46.9 | 37.2 | 166.2 | 14.6 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | ● | | |
| 【期間限定】バジルトマト唐麺 | ○ | | | | ○ | 太 | 774 | 21.9 | 36.4 | 84.1 | 5.7 | ● | ● | ● | | | | | | | | | | | | | | | | | ● | ● | ● | | | | | | | |
| 【期間限定】トッピング　とろけるチーズ | ○ | | | | ○ | | 114 | 8.3 | 8.6 | 0.8 | 0.4 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【期間限定】トッピング　バジルソース | ○ | | | | ○ | | 71 | 0.3 | 7.5 | 0.5 | 0.4 | | | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | |
| 【期間限定】ブレッド | ○ | | | | | | 112 | 3.6 | 1.3 | 20.2 | 0.5 | ● | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| 唐麺（１玉） | | ○ | | | ○ | 太 | 661 | 17.4 | 26.8 | 83.3 | 6.1 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | ● | | | |
| 唐麺（２玉） | | ○ | | | | 太 | 1,196 | 29.5 | 45.3 | 159.4 | 10.9 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | ● | | | |
| 中華麺 | | ○ | | | ○ | 細 | 484 | 18.3 | 7.7 | 77.8 | 8.2 | ● | ●※ | | | | | | | | | | | | | | | ● | | ● | ● | ● | ● | | | | | ● | | |
| ちゃあしゅうめん（醤油味） | | ○ | | | ○ | 細 | 569 | 24.1 | 14.0 | 78.3 | 8.6 | ● | ●※ | | | | | | | | | | | | | | | ● | | ● | ● | ● | ● | | | | | ● | | |
| 担々麺（胡麻風味） | | ○ | | | ○ | 細 | 754 | 29.2 | 29.8 | 86.6 | 10.2 | ● | | | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| ざるらーめん（１玉） | ○ | | | | ○ | 細 | 456 | 15.3 | 1.8 | 86.9 | 5.8 | ● | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | |
| ざるらーめん（２玉） | ○ | | | | ○ | 細 | 886 | 29.7 | 3.3 | 169.1 | 10.7 | ● | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | |
| 冷めん（１玉） | ○ | | | | ○ | 細 | 651 | 20.7 | 17.3 | 95.7 | 6.7 | ● | ● | | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | | | |
| 冷めん（２玉） | ○ | | | | ○ | 細 | 1,125 | 36.5 | 19.5 | 185.9 | 11.9 | ● | ● | | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | ● | | | |

# ８番らーめん　北陸地域（金沢駅店）

２０２６月４月１日現在

| グランドメニュー | 商品カテゴリ | | | | 持ち帰り | 麺種類 | 栄養成分表示（１人前あたり） | | | | | アレルギー情報 | | | | | | | | | | | | | | | | | | | | | | | | | 備考 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | 法令で規定する特定原材料（8品目） | | | | | | | | 表示を推奨する特定原材料（20品目） | | | | | | | | | | | | | | | | | | |
| | 季節限定 | らーめん | 飯点心 | 表示なし | | | エネルギー（kcal） | たんぱく質（g） | 脂質（g） | 炭水化物（g） | 食塩相当量（g） | 小麦 | 卵 | 乳 | そば | 落花生 | えび | かに | くるみ | アーモンド | あわび | いか | いくら | オレンジ | カシューナッツ | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | 豚肉 | マカダミアナッツ | もも | やまいも | りんご | ゼラチン | バナナ | |
| お子さまらーめん（ジュース付き） | | ○ | | | ○ | 細 | 332 | 10.6 | 4.9 | 57.6 | 4.1 | ● | ●※ | | | | | | | | | | | | | | | | | ● | ● | ● | ● | | | | ● | ● | | |
| お子さまらーめんセット（ジュース・ポテト付き） | | ○ | | | ○ | 細 | 492 | 12.6 | 15.1 | 72.9 | 5.1 | ● | ●※ | | | | | | | | | | | | | | | | | ● | ● | ● | ● | | | | ● | ● | | |
| ミニ炒飯 | | | ○ | | ○ | | 330 | 7.9 | 13.8 | 43.7 | 2.1 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | | | |
| 炒飯（スープ付） | | | ○ | | ○ | | 670 | 16.7 | 27.8 | 88.8 | 5.4 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | ● | | スープを含む情報です。 |
| 炒飯　大（スープ付） | | | ○ | | ○ | | 1,000 | 24.6 | 41.6 | 132.4 | 7.3 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | ● | | |
| ライス　小（漬物付） | | | ○ | | | | 232 | 4.2 | 0.6 | 52.4 | 0.9 | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● | | |
| ライス　中（漬物付） | | | ○ | | | | 425 | 7.7 | 1.1 | 96.3 | 0.9 | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● | | 漬物を含む情報です。 |
| ライス　大（漬物付） | | | ○ | | | | 574 | 10.3 | 1.5 | 130.0 | 0.9 | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● | | |
| 〆のご飯 | | | ○ | | | | 112 | 2.0 | 0.3 | 25.3 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| ８番餃子　６個 | | | ○ | | ○ | | 262 | 6.0 | 16.3 | 22.8 | 0.8 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| ８番餃子<ダブル>１２個 | | | ○ | | ○ | | 470 | 12.1 | 26.5 | 45.5 | 1.6 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| ８番餃子<得盛>１８個 | | | ○ | | ○ | | 678 | 18.1 | 36.8 | 68.3 | 2.4 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| 海老餃子 | | | ○ | | ○ | | 215 | 6.8 | 12.2 | 19.5 | 1.2 | ● | | ● | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 海老餃子<ダブル>　１２個 | | | ○ | | ○ | | 371 | 13.4 | 18.0 | 38.5 | 2.3 | ● | | ● | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 餃子コンビ（８番餃子６個・海老餃子６個） | | | ○ | | ○ | | 423 | 12.8 | 22.4 | 42.3 | 2.0 | ● | | ● | | | ● | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| 鶏の唐揚げ | | | ○ | | ○ | | 380 | 26.6 | 21.8 | 20.9 | 2.2 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | | | |
| 鶏の唐揚げ<ダブル> | | | ○ | | ○ | | 760 | 53.2 | 43.6 | 41.8 | 3.5 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | | | |
| 春巻き　２本 | | | ○ | | ○ | | 236 | 5.3 | 16.6 | 16.4 | 1.0 | ● | ● | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| 春巻き<ダブル>４本 | | | ○ | | ○ | | 466 | 10.5 | 32.9 | 32.4 | 1.9 | ● | ● | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| フライドポテト | | | ○ | | ○ | | 458 | 5.6 | 29.0 | 43.8 | 1.2 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| お子さまジュース | | | | ○ | | | 60 | 0.0 | 0.0 | 15.1 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | |
| **トッピング** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 太麺 | | | | ○ | ○ | 太 | 355 | 10.9 | 1.4 | 70.3 | 1.7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 細麺 | | | | ○ | ○ | 細 | 371 | 12.1 | 1.4 | 70.1 | 1.7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 野菜増し | | | | ○ | ○ | | 179 | 4.2 | 15.5 | 8.7 | 0.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| バター風味 | | | | ○ | ○ | | 215 | 0.2 | 23.7 | 0.2 | 0.5 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| ねぎ | | | | ○ | ○ | | 14 | 0.6 | 0.0 | 3.3 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| コーン | | | | ○ | ○ | | 45 | 1.3 | 0.7 | 8.7 | 0.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| メンマ | | | | ○ | ○ | | 24 | 0.8 | 0.8 | 3.6 | 1.3 | ● | | | | | | | | | | | | | | | | ● | | | ● | | | | | | | | | |
| チャーシュー（４枚） | | | | ○ | ○ | | 86 | 5.9 | 6.2 | 0.6 | 0.4 | ● | ● | | | | | | | | | | | | | | | | | | ● | | ● | | | | | | | |
| マヨネーズ小袋 | | | | ○ | ○ | | 103 | 0.4 | 11.2 | 0.1 | 0.3 | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | ● | | | |
| にんにく小袋 | | | | ○ | | | 4 | 0.2 | 0.0 | 0.7 | 0.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | アレルゲンなし |
| **冷凍商品** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ８番餃子　１人前（６個：90ｇ）当たり | | | | | ○ | | 208 | 6.0 | 10.3 | 22.8 | 0.8 | ● | | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | ● | | |
| 海老餃子　１人前（６個：90ｇ）当たり | | | | | ○ | | 156 | 6.7 | 5.9 | 19.0 | 1.1 | ● | | ● | | | ● | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| ８番炒飯　１袋（300ｇ）当たり | | | | | ○ | | 548 | 15.6 | 15.6 | 86.4 | 4.0 | ● | ● | | | | ● | ● | | | | | | | | | | | | | ● | ● | ● | | | | | | | |
| ８番春巻き　１本（45ｇ）当たり | | | | | ○ | | 75 | 2.6 | 3.6 | 8.0 | 0.4 | ● | ● | | | | | | | | | | | | | | | ● | | | ● | ● | ● | | | | | | | |
| ８番　鶏の唐揚げ　100ｇ当たり | | | | | ○ | | 145 | 15.8 | 4.6 | 10.9 | 1.0 | ● | ● | ● | | | | | | | | | | | | | ● | ● | | | ● | ● | ● | | | | | | | 冷凍商品には「卵アレルギー」を含みます。 |

■卵アレルゲン欄に表記のある「●※」のメニューは、チャーシューの原材料のみに由来する卵アレルゲンです。

■太麺・細麺は、そば・卵を使用した設備で製造しています。